

First UU Society of Burlington

January 17, 2018

Information about community based grief support groups (compiled by the Care Network Team)

Both Bayada and the Visiting Nurse Association hold free community adult (18 or older) grief groups. You do not have to be associated with or have had contact with either Bayada or VNA to participate.

Their approaches and schedules are different as follows:

	Bayada	Visiting Nurse Association
Contact Name	Coleen Wright	Ally Parker
Contact Phone Number	802 448 1610	802 860 4497, x3405
Description	Once per week for 4 weeks program that begins 4 times per year. You will be meeting with the same group of people for the 4 week program.	Runs continuously. You can start and stop any time.
When?	Noon-1:30 pm	6-7:30 pm, 2 nd and 4 th Tuesday of the month.
Where?	Bayada Offices 2517 Shelburne Road Shelburne	St. Andrews Episcopal Church 1063 Prim Road Colchester
How to participate?	Call Coleen	There is no need to preregister. You can just show up if you would like, but Ally welcomes a phone call ahead of time if you have any questions.
Open to?	All adults in the community who have lost someone within the past year.	All people in the community.